

Transliteration of the Channeling "Perception" of Archangel Chamuel by Heike Lieselotte Schneider on August 26, 2022

"Blessings to you, beloved children of light. We are the energy which you call Chamuel.

Beloved children in the light. You are still in the spin cycle of transformation. We will speak to you today on the subject of perception - perception or perceptions. But first of all, we would like to explicitly point out to you once again that every cell is currently receiving wake-up calls from the entire world, from the entire universe, and that means that ultimately everything is transforming, that means that no stone is left unturned, that everything is changing, in you, around you, and that these wake-up calls - as we said - are entering every single cell. Most people tend to store water in the summer, but at the moment you are generally storing more water. On the one hand for the simple reason that there is a lot of poison in the environment and on the other hand because you want to hold on. You want to hold on to the old, to the known, to what doesn't scare you because you know it, no matter how cruel it is, but you know the past, your own past. However, this means that you should really take a lot of time for yourselves at the moment. Cherish and maintain the exchange with both your personal guides, your spiritual guides, your angels and with the Divine Source itself. It is important to seek out this quiet place of pure being, of Divine Spark, as often as possible to refuel. Ultimately, what is currently affecting you is very very exhausting. You are being pulled back and forth a bit between darkness and light. Everything is compressed a little bit. There is talk of the eye of the needle or the abyss where the transformation of humanity is to begin. And that is exactly what will happen. It needs this abyss to make people awake. And it needs every single soul in full force, in full connection.

Beloved children in the light. Currently, the main problems are water retention, literally, in the body. Be sure to have enough exercise in spite of everything. Be sure to drink enough. Be sure to drink high quality water. Be sure to bless it beforehand so that it swings even higher. Be sure to eat natural products as much as possible, and make sure it has been washed well beforehand.

Beloved children. The bottom line is that the body is currently in a growth spurt. Not on the physical level, but on the soul/spiritual level. This means that your astral body, which is made up of an infinite number of different layers, because it travels in an infinite number of dimensions and each dimension is a layer, so to speak. This means that what is happening to you at this time is not only the clearing up of the old, but that you are also currently trying to clear up your ancestral lines with it. The reason why every soul is incarnated here is, on the one hand, to carry the Divine Light into the world, to experience the exciting adventure of ascension - many have done everything to be able to come along on this journey - and then you more or less lose the connection and see yourself as a victim, whereas you have creative power, according to God's example. Victimhood is ultimately the worst kind of negation of connection to Divine Source, but this is only in passing.

Beloved children. Every cell stirs, every cell changes, every cell has on the one hand the pull of darkness through the poisons, and on the other hand the pull towards the Light through the love, through the energy, through the wake-up call. At present, however, it is the case, and we have been observing this development for some time now, that a great many awakened ones are downright indignant, but would go along with any game on the outside. Even among the awakened ones, it is only a small percentage that actually lives its sovereignty. To live sovereignty means to be able to say "No!".

To be able to say "No!" without guilt or bad conscience and without fear, in the certainty of having the right to say "No!". Freedom always means, mainly, the power to be able to say "No!". Real freedom does not mean to be able to do everything, because freedom, your freedom, stops where the freedom of your neighbor or your partner starts. Living in togetherness means to live freedom, but freedom in the ultimate sense means to say "No!", to say "Stop!", "Up to here and not a step further!".

Beloved children in the light. It is still a roller coaster ride of emotions and feelings. Whereas the emotions may actually overflow with joyful anticipation and with love, the emotions - the absence of love - are usually very energetic on the road. There is judgment, there is ranting in thought and in word, there is outrage, there is pain, there is anger, but ultimately that is all you are creating, the food for darkness.

This means that each of you is keeping the darkness alive in this way to some extent. We told you that many great entities have already gone, literally, because they did not go willingly. That means the power and the change is happening right now. And it means that each of you should be in self-reflection mode. It does not mean questioning you - never questioning being! It means - and here we are at our topic - to question the perception. Perception means that on the one hand the earth becomes much much more awake and much old energies are released through the earth again, not only healing energies but also knowledge structures, knowledge energies, wisdom energies. And nevertheless a reconciliation with the ancestors takes place. Especially, of course, towards October due to the fact that you all know All Hallows' Eve, the night before Halloween, the night before All Saints' Day.

Beloved children in the light. It's getting a little more intense in the development every day. The pace of what truth is coming out is increasing a little bit more every day. And we would like to invite you to rediscover the journey, the adventure of perception. For this it is important that you begin to look more closely and more intensely. What do we mean by this? When you walk down the street where you live, you don't really perceive the houses. You may name them, but you don't look at them closely. You don't really look at the people anymore. And it is about paying attention to the perception now. To see what arrives. From seeing as well as from hearing as well as from feeling. To perceive with all senses, that's what the senses are there for, otherwise you would theoretically only need the eyes and at most the ears. But it means to really feel, what do certain things do with you. To feel into yourself. And it means, nevertheless, that it is about living mindfulness. Your neighbor is upsetting you. He upsets you, every day a little bit more. He is so unconscious. He's so bossy, he's so mean, he's sneaky, whatever. On the one hand you evaluate and judge, even if he is mean and encroaching and subterranean in his dealings, it means that it shows you something that you don't want to become like that - which alone is a good sign that you just decide, "I'm not going that way!". Free will, saying "No!": excellent! To stand up for yourself, to set the limits to the other person but in a friendly way and above all without him having power over your thoughts.

In the end, if you are upset with someone and you keep this story going all the time, you are still nurturing that person. And pay attention to the fact that there are many people who may have been nice in the past and who are not anymore, because they have partly split off a lot of soul parts and the character changes, because of the poison.

Beloved children in the light. We do not want to belittle what you have to go through. But we would like to point out to you that in the end, if you vibrate high enough, you do not really have to live through it. Use your creative power! Build your own family, if your own has turned away from you! Meet the soul family in the outside! Go among people! Look for like-minded people! Build communities, as we have already advised you to do. It is about being sovereign as well as self-sufficient. It is about drawing boundaries. That which you are willing to go along with or not go along with. You have put up with too much because you wanted to be good children. You have waited a long time, not all of you, but most of you. And even of those who are supposedly awake, so many are still asleep that they say, "It's not worth the stress to me if I don't follow all the rules, for example, when I go to the supermarket in the fall."

Beloved children. The amount of waking up saying, "Just now the game is over!" is enough three times to wake up all of humanity. But it also means to stand up for oneself straightforwardly and to say "Stop! Up to here and not a step further!". And not just saying it, but feeling it with every cell of your being. It's about you living your responsibility now. That you make a statement for life, for love, for freedom, by not letting yourself be subjugated anymore, by not letting yourself be made small anymore. And it also means to accept that there are many splitters on the outside and that there are also very many people who just want a copy of the old system. It will not succeed. You are entering a new time, a new era, the Golden Age. But, the outcome is all time known, known for quite some time because many lightworkers have manifested it, so inspiring that the critical mass for the change was there, so to speak. But now it's about reaching the critical mass, mainly among the awakened ones who say "Stop! No, I'm not playing this game anymore!". The stronger you send out this kind of sovereignty, the less you will be bullied on the outside.

The more still bad conscience can be in you, again simple ego structure, thought structure which has nothing to do with your being. Your soul says: "I am powerful! I am infinitely powerful!", because a soulful person is one of the powerful beings in the whole universe. A conscious soulful human being connected in love is unstoppable.

Beloved child in the light. We know that you are trying to struggle free. We know that you are trying to break new ground. We know that you are trying to be brave. We know you're trying to stand up for yourself. But at the end of the day, there is this small, admonishing part of you that doesn't want to be in trouble. That still feels too small.

You can only feel your own greatness in connection with the Divine Source. Because only when the Divine Spark in you is nourished by the Source, the light will be so great that no one will take offense at you. You have the greatest protection, because the darkness cannot stay in the same place as the light! It would be transformed immediately. Fear, anger, rage, hatred, envy, resentment, judging and evaluating is the stuff that ultimately makes you small, feeds the darkness and the fear of the future is the greatest obstacle in the current ascension program, in the current ascension process. The doubts that this one or that one could be an evil one after all, the doubts of who or what is the gatekeeper. Beloved child, if you go your way sovereignly, it is completely independent of how many gatekeepers or how many people who want to keep you in the old system still exist. You are greater. And if you would only once see and perceive the radiance of your own light as we do, you would in no way doubt yourself anymore. Since it is perhaps not yet possible for you to see this, we would like to point out that it is possible to feel it. For this you have been given the short meditation, apply it! Train yourself to do this without closing your eyes. Practice it! Live it! Be it! The more you are in the observer role, the easier you can cope with the situation of the here and now. Only if you let yourself be drawn into the individual fates, if you let yourself be drawn into the own abysses of the others, it means that you go down with them.

The drowning man will cling to you with all his might, unable to utter an intelligent word or let alone an intelligent action, and you will let him sink, trying to save him by all means and perhaps being desperate, risking your own life, leaning far out of the window to show an alternative for the other, another path he can take.

Beloved child in the light. This honors you, but don't be afraid to bring this knowledge to the outside world. Simply by asking questions. Questions that simply come up in a two-way conversation, that are ultimately there to get an answer. And when that answer is requested, it's up to you to make sure you do or don't. We would strongly suggest being mindful and truthful. And to sharpen your perception so that your focus rests exclusively on love, joy, gratitude, happiness.

Beloved child in the light. If you could see your light once. And what would happen, if you would go there still by the joy, by the luck into the love and would crown the whole with gratitude. The light of a single person would be felt throughout the world.

Beloved child. Your uniqueness is of great importance and significance! We know that in recent years you have been indoctrinated to do everything the celebrities do, to look like the celebrities, to not be satisfied with this or that, whatever. But now it's about accepting yourself, being aware of yourself, and doing that every second of your being. And that means, of course, while you're doing housework, while you're at work. You can close your eyes for a brief moment every few minutes and focus completely on your heart chakra. It will open immediately. The point for you personally now is to actually accept the power and the force.

Beloved child. Ask yourself what makes your soul happy. The next time the adventure, what the soul has ordered, will more or less happen. For some areas and regions where the vibrational frequency is already very high due to the group dynamics of some groups, nothing will happen at all. In other groups, regions, it will be a bit more violent.

Beloved Children. Ultimately, the point is that today we would like to explicitly ask you to remain in the observer role, to permanently check your perception. On the one hand the light changes, on the other hand everything looks a bit more plastic, look twice! And it means not only to perceive with the eyes, but also with the ears. Listen twice to the news. What is planned by the dark ones is a shock experience. If anything comes, and we strongly recommend not to travel so much, at the latest from September/October but actually from October, although it is about just also the Earth in the place where you live, where you are - there is always a reason that you are in this place, at this time, in this situation - that you give as much energy and love to the world as you can.

It seems easier to go after your thoughts uncontrollably and just let yourself drift with the impulses, but ultimately it's about going into your own planning, into your own sovereignty, into your own strength. Have provided! Have enough to eat, to drink for humans and animals at home!

What is needed to wake up more people? In the end nothing more. Since the good side tries not to engage in propaganda, the good side tries not to sacrifice so many people, it all takes a little longer. But if everything were to be done in one heck of a rush, the collateral damage would be immense, and then where would the light forces be better than the dark forces?

Beloved children in the light. Many people will try in the next time to turn to you directly or indirectly in the hope to get an explanation from you. Give them factually. Try not to get emotionally involved, not to get drawn into the pain, stay in the observing perception. This perception helps you to reflect yourself in the end and that means that you don't just get caught up in some abstruse theories, but it means in the end that the strength and the power of your soul is so great that many dark powers are very very afraid of you. Of the power of a single small soul. The wake-up calls to the soul go out a little bit more every day. The earth becomes a little bit more awake every day millimeter by millimeter. At the moment when it is foreseeable that the wakefulness will not be stopped in any way, many people may decide to leave prematurely.

Nevertheless, you have booked this journey, in the truest sense of the word. And it has cost you a lot, namely your own death. From which you had to get out to be able to live again. But it also means, at this time, to look at the whole ancestral lineage, to take the time for prayer, contemplation, meditation and whatever, to live the power and the strength. The point is to manifest the new time free from fear! "Free from fear" means to go into absolute unconditional love. For the next time, it will truly be a bit more turbulent, but nonetheless powerful, energetic and already completely self-sufficient in some areas. People who left the system long years ago have found their own gap in the truest sense of the word. It is now a matter of embracing the power and the strength. The power and the strength of the Divine Quality. And that means nothing else than to feel your own powerful energy of Divinity within you. If you succeed in this, there will be no more pain. There will be no intrigue: "Don't tell daddy what I said!" - "Don't tell mommy what I said when I was a daddy!". It is that you end up spinning your own intrigues. And the children who are the most receptive and the most high-swing suffer the most. The point is to take life into your own hands now. By watching the thought structure and therefore it is impossible to manifest negativity. You tend to permanently sweep the dirt under the rug, so to speak, and then wonder why you fly over it.

Beloved child in the light. The change of times does not come with bangs and trumpets, but every day a little bit more. And he who has eyes, let him see - he who has ears, let him hear. Let him be in mindfulness and in the certainty of being guided by the Divine Source itself. And always remember, God only answers your prayers with "Yes!", "Yes, but not now!" or "I have something better for you!". And if you accept this, that you have all that wants and should become manifest already everything in the environment, in the energy field and it is only your free will to accept it, to open the door when the supplier comes, to pick up the phone when the call comes, means that you can never fall lower than in God's hand. And it also means that your power and your strength is so much more immense. Your glow, seen from our perspective, when you are in prayer and gratitude, is greater than the universe.

Beloved Child. You are powerful!

You are full of inner and outer beauty!

You are full of power, full of love, full of gratitude!

And you are full of bravery and last but not least full of courage!

Now it is about living this.

Check your perception! Check what you see on the outside!

And we do not necessarily speak of the spiritual eye, of the third eye, but what you actually perceive. If you hear something, which ultimately actually brings you into fear, check how it feels in the body, in the heart. The lie needs permanent repetition, the truth stands for itself. If you feel the truth, it will not be possible for you to be afraid. And to live this, this is the task now. And to live the sovereignty. To say "No!" "Stop! Up to here and not one step further!". To be completely authentic and just get out of this game, to stop participating, to be sovereign, powerful and energetic. The game of life wants to be played. How you play it is entirely up to you.

Beloved child. Never forget your own greatness and never forget the power of Divine Omnipotence. Never forget the infinite love of this source. And never forget that no one can tell you what and how to think, that this is your own task. And know that you deserve only the very best. This is what every soulful being has.

People who want to come to you just to scold and continue to subordinate themselves to the measures, you can no longer help them. You can only be there when their personal pressure point is reached, where they turn around on their own. Then be there. Reach out your hand. Let them tell, and first and foremost, you can only lift them up with your energy, with nothing else. Pray together. Stay in mindfulness and check what you see on TV or even what you see outside in nature, if it is really true or if it is part of propaganda.

Pay attention to that, and the more you live this mindfulness, the easier and easier it will be for you to feel the difference between truth and lies, and the easier and easier it will be to actually bring your own power and your own strength out into the world. Living your own bubble is fine, but now it's about really giving all the energies that are in you to the whole world. To reach out to everyone. Forgiveness is doing it for yourself, not for the other person. Forgiveness is letting go. How can you feel offended by an unconscious person? It is like a small child doing something out of carelessness because he cannot do better, and you would be offended, for example, falling down while learning to walk, and you would be offended. Celebrate that you see through the lies! Celebrate that you live the truthfulness! Celebrate your life, your being, your power, your strength, and most of all, your courage! Your courage to change yourself.

Pay attention to it! Take care that the darkness does not wring more pain or anger from you, does not create more frenzy in you. Take care to check this power and this strength in your own perception, through your own perception. Give yourself the time-outs that you need. And know that life, as it was, will never return. It will be much much better!

There will be communities again. There will be togetherness again. The competition here will sooner or later come to nothing. Bigger, better, further. The ego structures will break down more and more, if you are willing to allow it. Beloved child in the light. The Divine Omnipotence is so full of grace and love, so full of hope - since it already knows the outcome - so full of joy that the beloved children return home. Returning home means living the connection with the Divine Omnipotence in every second of your life.

We bless you in the light of the Divine Omnipotence, Now and in all the time and so be it!"

(Archangel Chamuel)