

## **Transliteration of the Channeling "Patience" of Archangel Chamuel by Heike Lieselotte Schneider on March 28, 2023**

"Blessings to you, beloved children in the light. We are the energy you call Chamuel. Beloved children in the light. This month again we would like to have a message ready for you, ready for you, and before we go into our actual topic, which today will be about the topic of "patience", we would like to go a little bit into the current events, especially in your physical structures, what is affecting the planet, what is affecting the earth, but also what is affecting your organism.

Beloved children. More and more wake-up calls are going out to you that will ultimately continue to ensure that the restructuring in your body/mind mechanism, or the wake-up calls, so to speak, of old, free energies that are lying dormant within you, are brought to new life. Currently, many people are having trouble seeing, hearing, or even speaking.

Beloved children. What is happening at the moment is the separation of the wheat from the chaff, so to speak. This means that eventually the thought structures will be perceived more and more as thought structures, and only as what they are: a fraction of the mind. We already explained to you that if the soul is the turbine and the water that would be driven by the turbine would be the spirit, the thinker is a part of this spirit that is dark colored, black colored, so to speak, full of worry, distress, fears, anger, despair - ego structures in fact. But this is only the corrupted part of the spirit, the spirit is much bigger. The point now is that you become partially more aware or you become more aware of certain thought structures that you are willing to change. The desire for rest and the desire for sleep will increase more and more, even if you have partial sleep disturbances, because the ego structures, so to speak, still do not give rest to the mind.

Beloved children in the light. Why problems in the eyes, ears and throat area? In the end it is about the fact that more and more people start - here also the nose should be mentioned - for example to develop new abilities or better said to reactivate the old abilities which are so to speak anchored in the human being.

This happens through the wake-up calls that are sent out, so to speak, from our realm so that healing can take place. Many of you will begin to get a kind of second smell (as the second sight). That is, you will notice smells that, if they are not so nice, reflect the darkness, and we - and we say this with a smirk, of course - smell a little better. No, this is actually only because we are also attracted to certain plants due to certain frequencies, and we naturally adopt or spread this smell over time.

Beloved children in the light. Clairaudience, clairvoyance and also the ability to channel would want to break through in you now, depending on how much you would be willing to go within. They are ancient abilities. Also the ability to go more into the force, and the center of force is the throat. There, where you can say: "Yes", "No", "Stop" - where you can accept something but also clearly cancel something. Being authentic is of extreme importance, of great importance in the next time. Being authentic ultimately means living your own force and your own strength. Our topic today, the topic of patience - and we know that many of you will sigh now because you have had patience for "so long" - is of great importance in that respect simply because patience has nothing to do with "enduring" but with the upright path you are walking and what you are willing to "endure". That means to say quite clearly what you want and what you don't want, and that with all power of your feeling! And we are not talking about emotions but about the power of the soul, which finally stands behind you when you say "No! Which stands finally behind you if you say "yes". It is about recognizing this power and this strength in yourself and still having the patience to allow what ultimately happens to develop and unfold.

Beloved children in the light. Patience is not simply accepting and "sticking your head in the sand" and waiting until it is over, but patience means living through the interim period until certain events occur in a meaningful and beneficial way. You can decide to race from A to B, only to arrive quickly at your destination, or you can decide to walk the path leisurely, perhaps smelling one flower or another, perhaps talking to one person or another, taking a walk and using that walk to steel yourself.

The longer you run, the more power and the more strength you will have when the events will finally break their way.

Beloved children in the light. At the moment, because two timelines have merged, the slowest timeline, so to speak, is active. But that also means that it is ultimately the timeline that will most smoothly guide into the transition. This, of course, can change. It requires your "co-creation," of course, because human free will is never left out. And your power is much greater, so much greater than what you can imagine.

The changes that are coming every day, the truths that are breaking through more and more, are shaking many people. Even among the awake, there are people who are not fully awake because they don't want to deal with certain issues because they are too cruel or too horrible. You don't have to look at everything either. But you should know what is really happening. And you should not close your eyes and ears in the end, especially because you will be walking in the realm of hearing, clairsaudience and clairvoyance. The (spiritual) mediums in this world who have agreed that we can speak through them have seen everything. And it is also very hard for these people to look closely, to process it, it takes a lot of strength. And it takes a steely, iron will to face these things. Ultimately, however, it is precisely this steely, iron will that is needed to make a difference in the world, to bring about change.

It is now time for you to step more and more into your own responsibility. That you actually live more and more your own power and your own strength, not only waiting for something to happen on the outside, for something to be done for you, but knowing that each of you has the power to change something and that this change may come out of yourselves. It is about reaching out to the people who have gone astray, who have followed the false prophets. It is about embracing them lovingly. Not to say "we told you so", but to talk to them with patience. And here we are again with patience. The patience one has for a child. The patience one has for an animal. The patience you have for your loved ones. The patience you should have in general, for all that happens and what will happen.

As said, it doesn't mean dealing with the worst and looking at bad things about it day after day, but it just means using all your power and all your strength to bring truth into the world. The easiest way to do this is to ask questions. Not reprimanding from above or saying you are too stupid not to understand, but simply asking questions that people wake up from their own powerlessness, from their own hypnosis, so to speak. We explained to you that many news programs begin with the counting down of a clock and with a gong. This is the classic entrance of a hypnosis. Many people who frequent the mainstream media are actually caught in a form of hypnosis and the point is to shake them awake by asking them questions that they themselves come to think. One succeeds more, the other succeeds less. It doesn't mean that you have to spend the whole day with it, it just means before the reprimand and the anger about what has been done to you by the defamation, the exclusion, is simply shaken off a little bit. Ego structure is and remains ego structure. Anger is nothing other than ego structure. The soul knows that everyone goes his way and that in the end no one is responsible for what has happened to one or the other except the soul itself or rather the programmed ego structure. But now it is a matter of really and truly having the patience, or better said the time, to let the growth happen in you.

The body needs a lot of strength. The psyche, the connection between soul and spirit, so to speak, needs the healing frequency, needs the processing of certain things from the past. For this you need rest. For this it is useful of course to possibly look at trains of thought or also to let images come up and to give one or the other story a "happy ending". Use your imagination that you let negative stories end positively in your imagination. Of course you know how it really was, but your imagination has the gift to let a form of reprogramming take place, so that the worst events or greatest humiliations are not quite so bad anymore, a certain neutrality is established, a form of healing. Everything that is brought into the minus can be transformed by the beautiful imagination into something positive, so that it is balanced again to some extent.

This does not mean to repress something or to wipe it away, it clearly just means to use the head, to use the imagination to heal the mind a little bit and to be able to give up the ego structures bit by bit further, so that the bound, dark-colored mind, the thinker, loses more and more power.

Beloved children. Truly, you are heading for exciting times. The truth is breaking through more and more, people are waking up, in small ways. They sense that something is wrong. Maybe one or the other already comes and asks what you know, or what others perhaps didn't know until now. But of course there is also the part that stays asleep because they want to sleep, because they also don't want to face the deeds they have done to others. But even among those who are awake, there are those who are still partly asleep. They are awake in the area of health care, but in the area of war they also still think that peace can be made by supplying weapons.

Beloved children. Just as the seed is planted in the earth and needs patience and warmth, attention, so that it can blossom, so it is also that in your life the measure of calm and patience is needed to finally let the wake-up calls that go out to you become, blossom, come out. It is a matter for you in particular to keep the power and the strength centered in such a way that what ultimately comes in truths and what of course will shake the world more and more, can be absorbed. For this it needs a steely, iron will! And this can only the people who have completely woken up, who have actually looked at all things without ducking away, without simply hoping for a savior, but to know in the end that the savior works through every simple person himself.

Together you are the salvation! Because the forces of omnipotence work through every single soul. Of course there is also support coming from outside or there is already a lot of support going on in the background, but nevertheless it needs the clear "Yes!" or the clear "No!" of every single soul to be able to carry this power concentrated into the world. It is of immense importance that finally, when a "No!" is spoken, the "No" is authentic and quite clear without a guilty conscience. Simply no longer participate. That means self-empowerment.

That means to actually live the power and the strength, the free will - God's greatest gift to humanity, to the world, to the universe. To set boundaries, to be very clear, to find loving words where anger is ultimately still fermenting. And it's about, above all, allowing the anger and the rage and the insult and the vituperation and everything that you've experienced to be shaken off. It does not mean that you sweep them under the carpet. Emotions are there to be lived, to be acted out. Everything that you ultimately try to suppress - and as a human being you are allowed to have emotions - they are created by thought structures though, not by the soul - you know that the soul can only experience emotions like love, joy, gratitude, happiness - everything else of course are thought structures that are also fueled by darkness.

Beloved children. You are so much stronger. They have tried to lie to you, to deceive you. They have poisoned your food, they have poisoned the air, they have poisoned the water - everything has been done to keep you small, to keep you confined, to keep you in captivity, and yet you have outgrown it. And you are growing a little bit more every day. And this is something very special. This power has humanity, the animate beings, to an extent that you cannot even imagine. And it is this power that is needed: To be authentic to your counterpart, to be clear, also to be honest with yourself. Not to pick on yourself, but simply reflect on what could possibly be better, what may have led into old patterns, a little more mindfulness, a little more observing the thinker, a little more using the power and strength from your soul. Not to make yourself small or to let yourself be made small by the thought structures that are old programming from old teachers or also relatives who have imposed something on you; who have programmed something into you, but to swim free, NOW to swim free. And this is the time, and this is why it takes a little patience, because ultimately it means: parents who let their children walk all over them because they don't want to say "No!" will not be able to manifest ascension the way it is actually desired. And that is why patience is needed.

It's about really taking as many people with us as possible, and it's about doing it in the easiest way or in the gentlest way possible without ultimately leading to civil wars or excesses - and civil war-like conditions are already occurring in many areas of the world.

But, nevertheless, it is the gentler way. And the Divine Source has assured us that ultimately this becoming process has a limit. The awakening will happen. The change will happen. We know that the light has won. We have won. "We", by that we mean all of us: you as much as we mean us. The light has already won. Darkness holds self-destruction, and therefore the light will always win. It lay fallow for a long time, it was gagged, it was bound, just as your souls were bound and gagged. And now, with the desire of many and the free will of many, just more and more the Divine Power can work through you, and by becoming more authentic and being able to stand up for yourself very clearly, this power and this strength will come out.

To say "No!", not to go along with any madness. And every mother knows that when she says "No!" and actually means it, the child does follow. There is a power behind it that ultimately cannot be stopped by anything. To act free of fear through the power of the soul. To say "Yes!" to something you want, to embrace it, to welcome something - and to say "No!". As said, the most impatient among you may find that they are more and more just waiting for salvation to come on the outside. The more patient ones know that they can still work on themselves a little bit. And for that they may even be grateful that it takes a little time. But it's not decades anymore. It's no longer years. The upheaval has already begun. It is months and already in the next year many areas will show up where a change in the groupings arises, where new trains of thought or new communities fathom themselves, new ways are gone, away from the old. Away from the puppet masters who want to tell you how to live or how to be. Freedom is freedom! And free will is given by God and cannot be taken away from you by any human being, unless you allow it.

Beloved child. You are an image of the creative power, of the omnipotence itself, of the Father.

You are an image, You are a likeness, You are a power, You are a force of nature.

You are ensouled and access the knowledge and power of the entire universe.

You have the power to change the world.

You have the power to bring love into the world to such an extent that the darkness will depart from You for miles.



The more you succeed, the stronger you will become. You are already so much more steeled by what you have gone through. You have, so to speak, trained your muscles in this area so that you have this power and this strength. Feel it in you! We believe in you!

Ultimately, it is now a matter for you to perceive this force and this strength in your entire body and to simply command the darkness "No!", to say "Stop!". Clearly stand up for yourself, powerfully, with love in your heart and with the certainty that we are all behind you.

You are the soul that will bring change. You! Exactly you will carry change into the world in an extent, which you are not aware of in the end. And this is true for every single soul. And together you manifest the Divine Will, the Divine Redemption.

Of course, the support is also there through us, through luminous forces, to a great extent. But in the end, those who remain silent, who have simply lived or are still living as followers, are the ones who drag it out a bit. This is not an accusation, because everyone needs their own experience, their own awakening process, their own "Aha!" moment. And those of you who are awake, who have had to endure so much...this is nothing compared to those who have slept too long, what they will have to endure. Therefore, we ask you, beloved soul: have forbearance. Practice forbearance. Live patience.

Enjoy the time of building and rebuilding. Enjoy the truths that are coming to light. Be generous, be forgiving. And forgiving does not mean forgetting! Everyone must also ultimately take responsibility for what they have done. It is about forgiving by letting go, by letting go of the hatred, the anger, the rage. And we still say to you: These emotions want to be lived! Hit a punching ball, scream in the forest or in the car, sing, dance, tense your muscles, loosen up, do sports - all that which, so to speak, brings the excess of adrenaline, which is fermenting in you through anger, rage, hate, to the outside and transforms it. Ultimately, this force is bound life force. Every anger that you have accumulated over your years, your decades, sits somewhere within you as bound life force. By acting it out, i.e. not sweeping it under the carpet, you also get this life force back.



Beloved child, you powerful being, you beloved being. You beauty in the universe. Your power, your strength is needed infinitely. Also you, who think you are not strong enough, also you, who think you are not wise enough: Everyone, every soul is addressed and every soul hears this wake-up call. Feel inside yourself, feel your heart, feel the love for mankind, for humanity, for living beings, for the helpless, for the protective, for the little ones, for the most innocent. Feel this power and this love, your willingness to put yourself in front of them and feel how this, how this power increases with each day.

The more patience there is in you, the more you will find that this power can actually come up like a seed in you and bring the change outward because you are powerful, because you are powerful, and because ultimately it was your desire to do this very thing here at this time in this place. To be the change that the world needs.

You are so infinitely loved, you are so infinitely protected. Use that power and that wisdom within you to actually live it. Ask for support, we are here! And know that Divine Omnipotence will finally flip the final switch to usher in the Golden Age.

It is happening a little bit more every day. And every day your power and your strength is getting bigger and bigger and bigger. Your subconscious or unconscious is remembering more and more what a powerful being you are. Sometimes you have the feeling to be in the starting blocks and want to run to accelerate the change. And know, just through your intention and the willingness to let this energy be sent outward, to let it have an effect outward in your supposedly small environment, where you carry this energy into the world as a multiplier, you will find that the world - your world - is already changing. And this change in your world is what is real, not what is shown on television, but what happens in the environment: The helping hands, the willingness to stand up for someone, to help someone, to stand by someone - powerfully, with a smile on your lips, to draw your sword to protect the most innocent. Beloved child. All this is you! All that works in you! All that is breaking through!

And that is exactly how it is already happening in many places around the world. And the more your willingness is there to live exactly that, to have the patience, to allow the growth, that is exactly the Divine Light that shows itself. Even if in the outside the Divinity will intervene even more, with every day a little bit more, you will know that you are an essential contribution for this whole process.

The love of God is within you!

The power of the Creator is in you!

The knowledge, the wisdom of the omnipotence may carry you, may bless you and wants to stand to you helpfully at any time, if you are ready to accept it.

Get ready to live your task now! With every day, with every moment where you say "No!" or "Yes!" with all your consciousness, where you stand up for something, where you make yourself straight, where you are free from fear - with every moment this power in you will become stronger and stronger: That is lived faith. This is lived love. And know that you are never alone. God has commissioned us to be at your side. And this is true for every soul.

Beloved child. You are the change of the world!

You are the power of the world!

You are the possibility of the world!

You are the awakening of the world - and You are the love of the world!

You are infinitely loved. And you are protected, if you allow it.

We bless you in the light of the Divine Omnipotence, Now and all time and so be it!"

*(Archangel Chamuel)*