Transliteration of the Channeling "Dreams" of Archangel Chamuel by Heike Lieselotte Schneider on May 29, 2024

"Blessings to you, beloved children of light. We are the energy you call Chamuel.

Beloved children in the light. This month, of course, we would like to bring you another message. Before we come to our actual topic, which is about dreams and fantasies, we would like to talk a little about current events.

You will notice more and more that the timelines are increasing in speed, truths are coming out more and more. The structures in your body, in your energetic field, are under extreme strain, partly due to the chemicals that have been released and partly, of course, due to the processes you are currently going through. The bone structure is still very strongly influenced or affected, but also partly the tissues, muscles and of course the states of mind.

Beloved children in the light. In order to protect our channel, we would like to point out once again that in the event of long-term problems or protracted problems, you should consult a doctor or alternative practitioner.

Beloved children. The phases you are going through are ultimately working through old, hidden issues, old, hidden pain, trauma - both physical and mental/spiritual.

Beloved children, this is why it is so important to sleep deeply and dream. Sometimes through the consumption of media you do not have the deepest sleep necessary to work through all these issues, or rather, to sleep deeply enough to access the dimension where dreaming actually exists or actually takes place.

For those of you who are light sleepers, please turn off all social media at least an hour or two beforehand. This is the main obstacle to you sleeping deeply enough to access the old issues and even partially clear them on a spiritual level.

At night, when you sleep soundly and reach the higher dimensions, as you should, you also have your "crisis council", so to speak, the advice of the wise, your family, your spiritual companions, who support and help you. You can get information here. Each of you may be familiar with the problem of falling asleep with a problem and suddenly having an answer to it the next day. This is what happens when you sleep deeply enough.

Consuming social media, media in general, before you go to sleep or when you go to sleep keeps you in a half-awake state. Why is this so?

Beloved children. What is happening now is of course the evolution of time, which is moving faster and faster. You are losing more and more time according to your belief, you do not have enough time, the day is not long enough for your tasks. Most of you don't realize how much time you are really wasting by spending hours on social media.

What happens when you watch videos on social media, read the news? It's an up and down, a rollercoaster of emotions. This rollercoaster of emotions is: You watch an adorable video, your heart soars, you're in love for a short time, you're happy. The next is a lurid news story that immediately puts you in fear or pain. Then comes a story that moves you to tears because you feel compassion.

All these emotions and feelings that are needed, so to speak, to create the vibrational frequency of darkness - love, joy, gratitude, happiness, the Creator Force, the soul spark, the divine spark that works within you, which contains the Creator Force, which can be siphoned off relatively quickly by the emotions, the ups and downs of the emotions - this is how you constantly feed the darkness. Over and over again.

You have the free will. You can decide what you do and what you don't do. But why do you stay glued to videos or channels that don't make you feel good? Because they might have the latest news, the latest breaking news?

As we said, if you sleep deeply enough, you will receive all information and messages directly from the spiritual level. You will create an inner knowing, you can of course also reach this state in meditation. This takes a little practice.

Ultimately, the point is that you need dreams. There are many drugs that prevent dreaming. This is also not particularly useful, but of course you should consult a doctor or alternative practitioner.

Beloved children. Not only these dreams are of essential importance, but also daydreams and fantasies. Imagination creates creativity. Creativity is what empowers you to take your own new ideas, new steps, to create new things for yourself, for your environment. Imagination is what inspires you, what gives you ideas for manifestation.

Daydreaming, taking the time to imagine the world as you think it should be - where peace, justice, honor, decency and the well-being of children are paramount. You will only succeed in manifesting this by actually imagining it. Use your wonderful imagination to do just that!

You can't even grasp the films and videos with the messages that are sometimes underlaid, that you don't even notice, that have a subliminal effect and only trigger your subconscious. When you read something and think about it, it may or may not be true, but your brain mistakenly assumes that everything you see is true. This also applies to what you see on TV or social media. For you, it is all about using your imagination for manifestation.

We explained to you in another announcement that the darkness uses what is called "priming", "programming", "pre-programming", "pre-priming" to manipulate the Creator Force that you have to go in that direction. Many of you have seen the movie "Outbreak" - this is just one example - where it's about viruses, deadly viruses, Ebola. Do you think that a pandemic on this scale would have been possible if films like this didn't exist?

First of all, the human being, the soul, the child in you believes: "Everything is good." And in the end, everything is good.

But if you constantly surround yourself with negative energies, the thoughts become more negative. This pleases the darkness, because only you can corrupt the Creator Force so that it serves as food for the darkness.

The ebb and flow of emotions when you watch social media or even movies - and this doesn't mean you can't do anything at all now - it just means a reminder to be extremely mindful here.

When you read a book, your imagination is fired. This imagination leads you to enter certain dreams. Of course, we're not talking about extreme horror stories, we're talking about novels, biographies perhaps, and here your brain is thinking about whether it can or cannot be true, or your subconscious. But as we said, the images on TV make you believe it's true. It takes much more time to process what you have seen on television than if you had read a "bad" book, if there is such a thing. Books are just suggestions, single truths. Even the worst book or the supposedly worst book can still give you a hint on how not to do it.

Beloved children. If you do not use your imagination, how can your world be created? If you do not use your daydreams to reflect, to see what is new, what can be created, you will continue to be arbitrarily programmed by the darkness. This harms you, it harms the world, it doesn't really help you.

The brain loves rapid change, or rather, the thinker loves rapid change between good feelings, bad feelings, sadness, pity, anger, despair - the ups and downs. He feeds on this and sends it on to feed the darkness.

Your task would be to go into nature, look at trees, pause, imagine what your life could be like. And you know: The energy follows the attention and it will respond with "So be it!".

All these emotional structures that are hollowing you out a little bit inside, that are keeping you from sleeping deeply enough, from nurturing contact with your soul family, with your spiritual council, is exactly what is happening on the 4D level. The 5D level will go beyond that, of course.

You need deep, deep sleep. And you need your wonderful imagination to manifest the most beautiful world ever. You need your power and your strength to rebuild - the demolition is happening now. But because you are so trained, you don't really believe it until it's on TV, even though you can feel it in your body, in your being at every cellular level, so to speak, how the change is already taking hold. But you are trained to only perceive as true what is actually on television. Many of you question, of course, but a small residual doubt still remains. Your creativity, new ideas, take place at this level of consciousness, not at the level of consciousness where you sit stoically in front of the television or the computer.

Beloved children. Change is happening more and more every day. It is not that the change will come at some point, you are already in the midst of it. What most people are worried about are fears of the future, fueled by what you see in the media, on television or on the Internet, and here too, programming is taking place, so-called "priming", "pre-programming". Only if enough people can imagine the Third World War can it take place. Truly, we tell you: It will be prevented! Be free of fears, anxieties and worries. Remain in your power, remain in your strength.

The change of nature - and we are talking about real nature and not the artificially produced processes that you may confuse with nature or confuse with climate - has stored the knowledge and wisdom of the entire history of mankind within it. You can actually experience knowledge and wisdom in forests - of course only when you are in your creative mode - in the connection of your soul's awareness and in mindfulness.

Beloved children. You have come so far.

You have come so far. You never gave up. You were shaken, you were down, you went up and down with all your emotions. You were ostracized by your family, by society, insulted, frightened, humiliated. But even these are only structures that occupy the thinker. The soul that knows its value will always be unaffected.

Beloved child. Now is the time for you to blossom anew. To re-create yourself, to change your structures, your habits, to re-embrace your power and to dream paradise on earth in order to manifest it in love, joy, gratitude and happiness.

Beloved child. You are so great, so valuable, so incredible in your perception, in your very being. Your light is so strong that you cannot even begin to imagine it. The copy that can be seen in your mirror is nothing that could show the radiance of your soul.

You are loved, you are protected and you can create paradise!

Once again: Every soul is able to transform darkness into light for the whole world through its own power. Your gifts are so diverse, so wonderful and so unique.

Your light, which you carry into the world, can only be carried into the world by you. And this light is needed! Because you are precious! Unspeakably valuable. You are infinitely loved.

Turn to Omnipotence as often as possible, for those who believe in God's help draw it down. The power in the exchange is so strong that it could literally unhinge the world.

Beloved child. Furthermore: Invite us into Your life as often as possible. Free will is always and absolutely valid. We can only come to Your aid when You invite us. And we are always at Your side because it is our task and because we would rather see a paradise than the small battles that are currently taking place.

So be blessed, you beloved child in the light, you bringer of light on earth, you joy of the Creator. Never forget how great you are!

We bless you in the light of Divine Omnipotence, now and always, and so be it!" (Archangel Chamuel)