

## **Transliteration of the Channeling "Destruction" of Archangel Chamuel by Heike Lieselotte Schneider on May 29, 2022**

"Blessings to you, beloved children of light. We are the energy which you call Chamuel.

Beloved children in the light. We will, of course, return to the current events of the time before we come to our actual announcement, which today will be on the subject of " destruction " or " demolition " .

Beloved children in the light. First of all, many of you have probably noticed that allergic reactions have increased drastically, that there are always breathing problems or eye irritations. Still the larynx and the bone structures, the joints, are still a big issue. The musculature tightening up more - it all has to do with internal growth. It has everything to do with the change that is still taking place not only on your body structures, from the top down, so to speak, but also from the bottom up through the change that is taking place in the earth structure in the liberation of the consciousness of Mother Earth.

Beloved Children. The only way you have is to take salt baths as often as possible, to purge, so to speak. Any form of elimination, drinking enough, providing yourself with everything you need. Taking care to eat good food, taking care to go out into nature every now and then are helpful to prepare you for this strenuous time - and it will be a bit more strenuous. The more you rest in the consciousness of Divine help, the more you rest in the consciousness, in the belief that you are being helped, that you are protected, the more that protection will be around you. Taking the times when it is somehow possible to rest or to do things that really fill you with joy are so important and so essential. That you give yourself the time for meditation, for contemplation, for breathing techniques, whatever helps you. To listen to beautiful music, to engage or meet with loving people, to reconnect, to let new people into your life. To reoccupy the family structures that may have broken down with the "soul" family structures. To see the connection in everything: this is of great importance.

The bottom line is that darkness is still trying to fight the light, always knowing that the light has already won. The darkness is very aware of this. Therefore, they fight to the death, so to speak. And they don't care because no compassion resides in them and therefore no bad conscience can be in them in any form or any conscience at all that they end up trying to fight for every single soul.

Sometimes you make it too easy for them. We know that it is difficult to strip away this old energy, this old consciousness, what sticks to you like tar, so to speak, to wash away and go into the newer, lighter levels. It seems hard because it is so unfamiliar and so new. But it is not unfamiliar and new, because it is your true, real structure! This is how you came into the world: curious, free, full of life energy, full of Chi in the whole body, full of mobility, full of health: this is your real being.

Each of you decides how much or how little of it you channel. Do you still need to teach others or point out anything to others when you are not asked? Do you still need to seek your approval from the outside or have you already found it within yourself?

Beloved children in the light. This powerful structure within you, this powerful energy connection, the creative power within you, is so much greater than anything you can imagine. You are so much greater than anything you can imagine.

Beloved children in the light. Be patient with your being, be patient with your body, but focus primarily on the luminous. The more you succeed in this, the lighter and easier it will be for you, the easier you will get through this ascension process and the faster the people around you will become awake.

The process is no longer reversible. This means that the good has won! And you know that the time comes where God himself intervenes. He has already intervened to some extent. But he will intervene more and more and more strongly. But for this it still needs the critical mass, which turns more and more to the Divine source!

Beloved children in the light. It is not about why all this was allowed to happen. It is about the fact that humanity has turned away from God for many, many years, decades, in part even longer. It means that because of the free will that each and every soul has been given on this path - the greatest gift of the Father, the Creator, to all of us - that means that you may use free will just as we do.

Free will means you can choose to watch a movie rather than meditate, for example. You can choose to turn away from God, turn away from the Original Energy, turn away from the Original Source. You can turn to all the technology and disregard the natural, the primordial. You can do this and you have done this.

It is not a matter of God not wanting to intervene. It's about God also accepting free will. And there are just too many unconscious people still. We know we are repeating ourselves here, but it is of great importance to understand this within you. And it's no use scolding every single one of your workmates because they're too stupid, too dumb, too mean, too lazy or whatever, it's evaluation, it's judgment. It has nothing to do with you, what other people do. Standing up for yourself, demanding for yourself, not for others - except from the innocent who cannot defend themselves.

Beloved children of light. The time to turn to God has never been better than now or more important than now!

The time to turn to the good, the honest, the truthful, the sincere, the upright, has never been more important than now!

See the truth, feel the truth. Not with your head, but with your hearts. The truth has its own flavor, its own resonance in your soul structure and can be perceived by everyone. But for this it is necessary to let go of the programming that has taken place in your head. To pay attention to the heart chakra, to the soul energy, to the inner - and to strengthen this.

Beloved children in the light. What you are seeing at the moment, which will also become stronger and more intense, is the destructuring, the demolition of the old. In order to build the new, the old must disappear. It has to be exposed. And in the end, it cannot be shown more clearly to the world how crazy the leadership elite is.

Beloved children in the light. Do not feel helpless anymore. Souled humans are always stronger than unsouled entities! And the inanimate entities would not even dare to come near you when you are full of light and love. Because the light would transform and change the darkness immediately. They could not approach you, if you would not hold on in fear, anger, hate, envy, resentment, evaluation, to the old thought structures, which have nothing at all to do with the basis, with the essence of the soul.

Every soul is needed. Every single one of you is so needed to push it forward. And remember, once the Earth is really free - it's about 90, 91 percent right now in liberation - it's going to be a little turbulent, too. It's going to expand, it's going to shake, as we've explained to you before, and certain things are going to come your way. We don't want to scare you because: 'the believer in God's help draws down God's help'. So you will always be protected. But you should also be prepared for all that is coming. For the smaller or bigger turbulences. To be able to take care of yourself a little bit. To go into personal responsibility. If you think it makes sense to do one thing or another or to make one preparation or another, then just make it. And otherwise, it's about celebrating life every second, regardless of what tomorrow is, what the day after tomorrow is, or what the next year brings.

For you, it's about bringing light to the world. To be multipliers, to keep carrying the light, to keep living the power and the strength, that's what it's about. It is nevertheless about celebrating life, the gift of life with all your senses.

Beloved children. Why is the demolition of the old so important? Simply because only on healthy soil can you build something, not on quicksand. And there are so many more hangers-on of the old system than you can imagine. Everyone - and this time it really needs to be cleaned up - who has oppressed the weak, who has enriched themselves, so to speak, in one way or another, will be taken out this time.

Of course, there are many who have done this out of unconsciousness, but everyone chooses the way: with God or without. And this decision - a human being, a soul, who feels connected with God, with the Creator, with the Original Source, with the Source of all being, with Love, however you want to call it or call Him, each of these people will never humiliate a weaker one. Look around you in the world. Look at what has happened in the world in the last two years and you will see exactly who is inspired, who is turning to God or who is turning against Him.

The new time is not for everyone, but everyone has the chance of the new time. You decide it, each one for yourself. And we would like to point out that in this particular time, of course, it is easy to get caught up in the emotions of fear, anger, rage or hatred. The problem with this is that it is not light-filled.

Many supposed spiritual teachers who have told you one thing or another that if you are spiritual, you must not feel anger are wrong! They are emotions that have to be lived. The anger that lies in the ladle of your being must come out so that you have room for the Divine energy. That is why we have pointed this out in many messages: Hang a punching bag at home, let the energy out, transform it! Transforming means, like water when you make it hot becomes steam, that finally the corrupted life energy, the chi that is trapped in anger, gets back forgiveness. Letting go. Feeling more love than fear. Because where there is love, there cannot be fear. But where there is fear, the existence of love is impossible. As long as you decide for it!

All these decisions are up to you. Every single one. And are made every day.

You can't hand over the responsibility for your life in the morning by calling the angels or calling us, the archangels and expect to be protected all day and create as much darkness in the thought structures as you want. Free will means using free will every second of your life. We cannot protect you when you fall into negativity. We retreat from it. Not to protect ourselves, but because you are simply out of our frequency.

Beloved children. We know none of what we have said is new to you. But, again, the more we mention it, the clearer it may become.

Maybe today we will find exactly the right word, exactly the right example with one or the other to just point out how it can be different.

You don't have to meditate if it means putting on your favorite music and dancing wildly around the apartment and it makes you happy. Then do it! It's about doing it. It's about making it happen.

It's about celebrating life, celebrating the gift of life. With all its facets. You don't have to rejoice when a mishap happens to you. Accepting it, letting it go and finding out a little bit why it happened, why you manifested it unconsciously. Being grateful that nothing worse happened and just continuing to celebrate life.

Empty your negative emotion structures. Empty the fear body. The worry body. Empty it out. Put it in God's hands. Give it to us. Ask for transformation, we will help you! We will also help you several times, even if you jump back into the same pattern. Nevertheless, it is your responsibility throughout the day. Not, as mentioned, give the responsibility to us, we are supposed to protect you, and then just think what you can, what you want, or what harms you, what harms the world, to get stuck in the fear.

Beloved children in the light. To give up the victim role, the time would be most favorable now! To let go of old energy structures. And that's why at the moment these old thought structures come through again, that you relive everything from the past, that you are sometimes a little sore and feel everything through again, to finally let go, to finally become what you actually want to be: Lightful, powerful beings! Independent. Not dependent on any opinion, not dependent on any government, not dependent on any beloved, but self-sufficient, strong personalities or people who are sovereign. Who stand up for themselves. Who live honor, decency and protection of the weak! This is what it is all about. This is the new time!

And truly, we say to you: This new time will be so golden, it will be so powerful, so energetic, it will be so beautiful, the more you bring your energies and your ideas into it, how such a world should look like for you. And you have already begun.

You have begun to break new ground through your networking - even if it is only on a heart level. And we also tell you that so many people have so many ideas, some of which they don't really dare to think about yet. But you manifest the new world with the crazy, with what could be possible, outside of any limitation. And this energy is growing in you more and more every day.

Beloved children, you are so great!

Beloved child, you are great!

Even if sometimes you still let yourself be caught by the darkness, it doesn't mean that the light is working stronger and stronger in you, it doesn't mean that the love is getting bigger and bigger in you.

You are so much bigger and so much more powerful and so much more beautiful than anything you can imagine. And this is true for every soul in this universe.

You are the power in your world!

You are the love in your world!

You are the beauty in your world!

You are everything in your world!

And start to change your world the way you want it, by manifesting it! By using the God-given creative power and manifesting exactly that: peace for the world. But for this it is first of all important and necessary that the old is removed. This is what is happening at the moment.

Remain in the trust in God!

Stay in the power!

Call us as often as possible, but also give your part! Your part of light and love that You send into the world. This is what we ask You from the bottom of our hearts.

You are infinitely loved. And You are the power in Your world! And you have made it this far, and the rest of the way you will go forward with splendor and glory, if you decide to do so.

We bless you in the light of Divine Omnipotence in the certainty that helping hands are at your sides. At your side, now and forever. This is our promise to you and the promise of Divine Omnipotence itself.

You are loved, you are blessed, you are protected, now and forever and so be it."

*(Archangel Chamuel)*