

Transliteration of the Channeling "Conditioning" of Archangel Chamuel by Heike Lieselotte Schneider on February 26, 2023

" Blessings to you, beloved children of light. We are the energy which you call Chamuel.

Beloved children in the light. Also today we would like to address you again, we would like to go a little bit into the current processes, into what is important or essential in the next time and of course also to give you one or the other tip, how you can get through the time more easily or come faster into the ascension.

Beloved children. At the moment the nerve pathways in the body are still very active, because the energy frequencies on the one hand increase your vibrational frequency, purely from the spiritual energy that acts on you, but the dark frequencies that are beaten into you, so to speak, pull you in another direction. Because of this, many people have sensitivities every now and then with anything that has to do with the nerves in particular. Many complain about one or the other pain in the teeth, or, just as said before still the facial nerves. Again the hint: To protect our channel, we point out to visit doctor or alternative practitioner in case of persistent pain.

Nevertheless, this process is more strongly and intensely about accepting the power and one's own strength. We know that we are repeating ourselves here, but we believe in the steady drop that wears away the stone.

It is also important, as before, to detoxify the body often, to provide yourself with good food and, of course, to connect yourself again and again: via your Higher Self with the Divine Source, in order to be able to absorb these energies more strongly and intensively into yourself - more easily, without struggle.

Beloved Children. We would like to speak to you today on the subject of "conditioning". "The conditioning" or "The programming" that you have gone through all your life or that has been imposed on you - not that you have brought with you, but how you have been programmed again and again, so to speak, by the environment, by the outside, by the parental home, by the schools, by friends, acquaintances, by the media, by whatever.

It is a question, now especially in the next time, to put these conditionings on the touchstone and to take countermeasures, better said to dissolve them.

With some it has gone so far with the conditionings that some words only alone trigger something: a memory, a path, which leads again into the darkness, into the pain, into the fear. And it's about recognizing and dissolving these conditionings to be ready for the new energies. To not let the conditioning or the programming in your brain make you smaller or narrower or more limited than what you are: luminous forces, luminous souls that will illuminate, transform the darkness, a little bit more each day, bit by bit.

There can be so much more lightness in life if you follow your soul more or involve the soul more in your daily business. To do this, of course, it is necessary to get rid of old conditioning. Why is it so important? If we want to speak with a metaphor and say: "Your brain is programmed like a computer. And the computer can only act out or live out the processes for which it was programmed." This means that automatically there is a limitation in it. You cannot go beyond your programming, so to speak, beyond your conditioning. Most people know how to train a dog. The "Pavlovian dog" that is so well known. That every time a bell rang, he got a reward, and that's how he reacted, just to the sound of the bell, not whether he got a reward or not. It's about you recognizing these old conditionings, the old paths and dissolving them to free yourself from this limitation, to bring yourself beyond measure into your power, into your strength and new paths, new conditionings or new possibilities can be brought into your "computer" in your brain, which could be your computer (this we say with a smile). Nevertheless, it is indispensable to first get rid of these old conditionings. Of course, we will be at your side here, at any time. You can always ask us, you can always turn to your personal guides, you can ask questions. If you are ready to ask the right question, you are ready for the right answer. You can explore yourselves.

Beloved children in the light. You may have wondered that we have been talking about "the silence" over and over again lately. That we have brought in "the silence" again and again.

Silence is the greatest tool for recognizing conditioning. In silence the soul speaks. In the silence you can observe, you can stay in the eagle perspective, you can recognize in which areas conditioning or programming are still active, which limit you, which keep you small. Here it should also be mentioned once again that 99 percent of the time when you address yourself in your head as "you", it is the darkness that is speaking to you - not us. Only when you are in unconditional love, only when you can feel love, when you are absolutely in the heart, then you can be sure that we have spoken to you.

Beloved children in the light. Silence is so essential because the soul does not want to just "throw words around", but vibrations, frequencies, feelings like love, joy, gratitude, happiness. In the end, as before, following only the thought path or only the thinker is like having a big car with lots of horsepower, but you would only use a fraction of it or you would push it.

Beloved children. You have been conditioned in so many ways in what you think about yourself - as said, often including the thought structures of "too old," "too small," "too big," "too young," "too beautiful," "too ugly," "too" whatever. These are the conditionings that you have ultimately found to be true. But now there are other conditionings: the ones you were taught in school. Supposed knowledge, supposed truths that are not always and not really truths. The conditioning that you continue to impose on yourself by following the same thought paths over and over again, berating yourself mostly in your head because it is part of your conditioning, part also of what the darkness continues to affect at the moment: your mind.

For those who are awake, it is almost unbearable to see how many people are still asleep. You ask yourselves, "Why don't they realize this? Why don't they see this? Why are they not able?"

Beloved children. You can pray for these souls. You can wish them the best. But there is little point in following these thought structures in your minds, because that too is only a limitation.

Every soul goes its own way. And the most important thing is, for you personally, first of all to establish contact with your soul, and this usually happens in silence.

Silence allows the soul to BE. And if you observe, you will feel how the soul penetrates outward. How the soul will give you, through your Higher Self, the best ideas, the best solutions, the most beautiful thoughts - even if they are not really thoughts, but mostly just inspiration.

It is now time to give up limitation. It's time to rediscover the world. To question. To ask the "pesky questions" of a child. You will be surprised at the answers you receive - from your soul, from the universe, because the soul vibrates in the universe. Only a small fraction is anchored in the body. Most of your soul power is on other dimensions, on the higher dimensions. And that is where you want to go. Therefore, it is actually relatively easy for you to take the next steps.

Beloved children. Spirituality as such is simple:

To use the three gates of being: Breathing, Not Thinking, Feeling - to distribute energy in the body, as energy always follows attention - to feel into the body, to feel into the heart, into the heart chakra to make it stronger and bigger - and: to go into silence. When you ask questions, the silence allows you to also get or hear or perceive the answers. Spirituality is simple. It is not complex because spirituality is for everyone: whether intelligent, whether not so intelligent - whether young, whether old - spirituality is part of your being. It is completely natural. It does not need to be taught to you, it lives within you. You are spiritual because the "spirit" is ultimately part of your being. The soul is the engine that drives the spirit, so to speak. The spirit, what you send out, the frequencies. And if you want to change frequencies to manifest "better" things into your life, it is important to raise your vibration. This is done through the soul.

Someone who has complete contact with his soul, who has completely overcome the ego - which is not so easy, or which is not so wanted, at least not in these lower structures, for the simple reason that you can or may or even should also formulate free will in your thought structures. "The thinker" as such is nothing evil, or better said, your thoughts are nothing evil. Only if you let others think them, only if they were conditioned by others, only if they do not correspond to your own being, your own heart, your own soul. Only if you simply believe what others tell you.

The soul can immediately recognize: "This is true!" and "This is not true!"

It is now time to accept that everything you have been told, or rather most, the very most, of what you have been told is not true. Be it history, be it how the world works or doesn't work, be it "the filler" you learn in school that has nothing at all to do with the actual personal development of "being human", that only occupies the mind, the head with meaningless information that is not always important. Experiences, information that are needed for life - is not taught to you in the schools. This is something that you must or may acquire yourselves.

Beloved children. The new path is full of adventures. And your soul is, so to speak, enthusiastically hoofing it to go forward, to intervene, to live. The soul is liveliness and expression of the joy of life and - through the connection via the Higher Self with the Divine Source, it is of course also connected to the Source of Wisdom. And this source wants to bubble. It wants to show you the world as it really is. It wants to pull the veils away from your eyes. It wants to heal you, because the power of the soul can heal everything. She wants to prepare you for the new time. She wants to manifest with you, give you the power and also show you the love, the unconditional love. Not the love that is attached to something, that has to do with conditions, or also with conditioning.

Beloved children in the light. Truly, we say to you, you are moving toward the greatest adventure of your being. And this adventure has - and you can be sure of this - a happy ending!

We know that you have many questions about what is happening now. It will be a little turbulent. But do not be frightened. The future is dynamic and there are still 11 time lines active, which partly merge with each other for a short time and then divide again. And add to that the fact that it can be a bit different for each person, depending on which frequencies are being lived at the moment. The whole future is extremely dynamic. The final goal is fixed! And the final goal is the victory and the ascent. The way to it you tread yourselves.

You can be bombarded all day long by negative frequencies, by negative news, by looking at the media or looking at your cell phone, as the case may be - or you can go into nature - and feel. You worry about what will be tomorrow or in a week or in two weeks. There will be no third world war! There is a war: light against darkness. But the light, as said, has already won! That does not mean that one or the other cannot happen, but it will not affect you. You are already experiencing what is happening on the outside. But if you are honest with yourself, then you still live a good life despite everything.

You can enjoy the awakening nature and surrender to it. And then you will see: Most problems are only in your imagination, only in your head - because you have been conditioned to fear. Because fear keeps the body in a true state of shock. And in fear you can't think very well, you can't experience new ideas very well, you can't bring new manifestation ideas into the world. This happens only with the power of the soul. That is why it is so important, so of great importance, to finally follow the soul, to allow it. If you are afraid to give up control - currently you are still allowed to live body, mind and soul, but 90 percent of the time you are living ego structure, thinking. And this is something that of course is still manipulated by the darkness - and especially by the media. If it is not something beautiful: do not bring it into the world, do not tell it. If you experience something supposedly negative: Is it important and essential for your environment? If it is not important and essential and is not a good vibration, let this supposed problem, so to speak, just die in you, disappear, let it seep away. And look at the sky, without getting angry about what is sprayed in the sky, or look at nature, how it does not give up despite everything and continues. And also enjoy moments when you simply daydream about how your world should look like.

And truly, we tell you, it will be a world full of honor, decency and respect. A world where the word still has meaning, a word given, a promise made. Where something is real and true, where a handshake seals something. It will be the world that will consider the protection of children as the very highest priority, the protection of every soul. It will be a world like you want it to be. Where you are no longer driven.

Where you can stroll through the area at leisure and not just work permanently on the hamster wheel in the hope of a little vacation someday. Trying to carry you through the week from Monday to Friday, only to be happy on the weekend to be able to just sleep in.

Beloved children. It will be a life of self-determination, of truth and truthfulness. And it will be a world of love - and the world of omnipotence itself.

Beloved child. You have all these faculties within you. You are so much greater, so much more beautiful, so much more intelligent, so much wiser than anything you can imagine. You are a huge power in the universe because you have light within you. No matter how supposedly rich some people are or how much power they have, if they carry darkness within them, they don't stand a chance against you.

You are a beloved child of the Divine Source! You are blessed with wisdom, endowed with forgiveness and compassion and crowned with love.

You will change this world, you have the power to do so. And You will make it beautiful for all in connection with Your soul.

The soul has no desire to enrich itself - to be bigger or better than anyone. Your soul only wants to experience and bring paradise to earth. This is her task.

Do not be afraid of what may or may not come. Free yourself from what is said in the news or by friends or acquaintances. Look out into nature and realize that your world is fine right now. And live this, day by day, and you will become stronger with each day, more powerful with each day. For you are a beloved child of the Divine Source and always blessed by HIM. And turn to us, call us, again and again! And know that you will get every help if you ask for it.

We bless you in the light of the Divine Omnipotence, now and in all time and so be it!"

(Archangel Chamuel)