

Transliteration of the Channeling "Cleansing" **of Archangel Chamuel by Heike Lieselotte Schneider on January 25, 2024**

"Bless you, beloved children of light. We are the energy you call Chamuel.

Beloved children in the light. This month, before we go into the transformational physical structures, we would like to talk a little about the cleansing of the whole world, the human, the mind, the body, the soul. The next step is cleansing in the truest sense of the word. In order to protect our channel, we would like to point out once again that you should consult a doctor or alternative practitioner if you have any physical complaints.

Ultimately, the point is that personal responsibility in the truest sense of the word is becoming more and more widespread - personal responsibility, the acceptance of the power to accept what works from God, from the Creator in each individual soul spark.

Ultimately, the main issue on the physical structure for many of you at the moment is tissue deposits, cleansing in the truest sense of the word, the cleansing organs need support. Here you should perhaps also inform yourselves a little - this is also about personal responsibility - on the subject of micronutrients and also on the subject of colloids.

Ultimately, a process is currently underway that really and truly means cleansing. Cleansing at all levels. Start with the physical structures. All the problems that currently exist for most people in the transformation process - not in other disease stories - revolve around the issue of cleansing. Why is that? Your physical structures are currently under enormous stress for the simple reason that both the vibration affecting the earth has increased extremely, the resonance, the Schumann frequencies, everything is currently vibrating in a range that marks the awakening, the upheaval and the initiation of the cleansing process, so to speak. In addition, the earth is free and is also cleansing itself and is also still partly in the process of healing.

In addition, the forces of light will intervene more and more strongly, but we on our side will also intervene with the forces of light that have already taken responsibility for themselves in the earth or on the earth, that have set themselves the task of waking people up, protecting people and implementing the plan to save the world to a certain extent. This is exactly what it is all about. There are many forces already at work in the background, restructuring and, of course, cleansing.

Cleansing means not only cleaning up the structures within the earth, but also the structures within humanity or what you also partly see as human beings. First of all, it is important that this process sets in motion an ever-increasing awakening.

Many people who do not yet want to face the actual truth are under enormous stress, both physically and mentally as well as emotionally. There are forces at work that want to prevent them from accepting personal responsibility. And these forces deliberately, naturally, want to keep humanity in fear, anger, rage, hatred, envy, resentment, because this is the food of the dark forces. Bear in mind that the dark forces are multidimensional and also exist on structural levels that are not really tangible, not tangible in the human sense - on the spiritual level they are.

But there are many people who are now awakening more and more, who are going through their own cleansing process, which also means cleansing from the thought structures of the past, but it also means letting go of the cleansing of mental blockages, childhood issues. You will go through phases where you more or less relive your whole life. These processes are exhausting and these processes need time and these processes need silence. And this stillness is of great, great importance for many of you. Anyone who still uses television or media too much should reconsider whether it really makes sense to do just that.

The processes that are now taking effect and becoming stronger with each passing day - the awakening in spring, when nature awakens even more and can once again release completely new energies and energy structures - will become even more intense. Every day of the new year will become stronger and more intense. But be free from fear!

Your souls see this as an adventure, as the opportunity they have been waiting for since the beginning of time. Really try to cleanse your body structures as much as possible first, drink lots of good, clear water, rinse your body, take baths often, take alkaline or salt baths, spend a lot of time in nature, make use of the sun when it's there and be aware that these cleansing processes still need to be re-initiated due to the toxins that are on their way. But this is also being reversed in some cases, or rather helpful healing energies or remedies are being sprayed in phases. Not only is everything toxic now, but a slight war is beginning to rage between the good and the bad forces, which will bring about change to some extent - helpful in keeping people in power or empowering them to embrace their own power even more strongly.

The second thing, which is of course very important, is cleansing the mind. The mind in the form of heavy, negative, worrying thoughts. To let go of the impatience: "Why is nothing happening, why isn't it happening fast enough?". Of course it's more difficult for those who are already awake than for those who are perhaps still in their slumberland at the moment, but nonetheless the point is that it has to go slowly due to the fact that the atrocities that will come to light will be so bad that they won't be for everyone and it has to go slowly so that people can prepare for it. You can't just flip the switch and hope, for better or worse, that humanity will come along. And even so, there will be a great many people - who already exist - and there will be even more - who will have psychological problems because they will no longer be able to cope with it: the injustice, what was said in the past or what was spread as lies when the truth comes to light and you can already see that things are now moving more and more towards truthfulness in many places.

Beloved children. More and more revelations will come this year. Be prepared. And then we are at the cleansing of the soul. Not that the soul needs cleansing, we are talking about the interface between soul and spirit or thinker. Listening more to the soul, giving the soul space to communicate at all, accepting the power and strength of the soul, living and feeling the power that is and works in every single soul, if you let it.

It's not about being better, worse, different, whatever, it's about being together. Cohesion. This is what is breaking out more and more all over the world. Humanity, who see themselves as brothers and sisters at all levels, in all countries, who are waking up, who are ready to show their faces, who are ready to speak out loud. Stick together! Don't look for what divides you, but look for what unites you in each other. And in the end, the community is bigger and bigger, becomes bigger and bigger and is stronger and stronger and can therefore actually achieve great, great things. And the illusion will fade more and more because the truth stands on its own: powerful and proud and brings a change because the Divine Truth speaks. And this is what will mainly happen this year.

There will be rough times, there will be bumpy times, but nonetheless: the believer in God's help draws down God's help. You are protected! You are in an area that will be relatively unaffected by the overall atrocities in the rest of the world, there will be no civil war, there will be no World War III at all, free yourselves from these thoughts. This too only serves to make you go into fear to make food for the darkness.

You are so much more, you are so much more powerful, you have something that the darkness does not have: You have love. Love for each other, for family, for friends, for acquaintances. Connectedness with people you may only meet briefly at the checkout, exchanging a quick word, carrying out "interpersonal cleansing", seeking what connects you and not what repels you from each other.

As we have already said, many people decide to leave the planet.

Partly due to the poisons, but also partly because they simply can't take it anymore. Psychological problems are also on the increase at the moment, partly caused by the poison injection, of course.

Beloved children in the light. Nothing that cannot be changed, nothing that cannot be enlightened and nothing that cannot be healed through love.

Focus on this.

Ask the Creator for help.

Go into surrender, into humility and ask for help. For to the one who asks, it will be given and to the one who knocks, it will be opened.

It is about actively communicating with omnipotence, each in their own way, and you know that we are non-denominational, that we don't want to talk anyone into their faith, but all the faiths and religions of this world have great love at their core. And that is exactly what it is all about. Not a great love, but the great love that unites humanity. It shines so brightly that the darkness cannot exist, and that is exactly what the next time is about: reaching out to each other helpfully, finding each other, finding the power to feel the love within yourselves. Love for people, love for animals, love for the planet, love for nature, everywhere.

Love vibrates all around you, you just have to be ready to perceive it, to feel the frequency. Go into the forest, especially now, when spring comes and the awakening arrives, and focus only on love. And you will be surprised how nature reacts to this. The beingnesses will show themselves more and more.

What you call "the matrix" will break, crumble. You are already noticing that the timelines are colliding, bouncing off each other and coming together again. Sometimes time moves extremely fast, sometimes it expands, sometimes it seems to stand still. If you consider that time is also just an illusion imposed from outside, you can set yourself free. Free from time and take only life.

That doesn't mean that you shouldn't meet deadlines, it just means that you don't give time the power that you had in the past or that it had in the past. No more pretending that you have this much time for this, this much time for that, but simply live. And all the counter-arguments "Yes, this has to be done and the apartment and that..." - Nothing is more important than being together, seeing the love in each other's eyes, feeling the connection, sometimes with complete strangers, reaching out to each other and moving forward together.

Because together the strength is much, much greater than for each individual. Although the individual already has enormous strength and greatness, you are not yet able to feel it.

Beloved child in the light. Every cell of your body is connected to the Divine Source itself. The entire resonance field of your body and your auric field vibrates to all corners and ends of the earth. The auric field is ultimately infinite. This means that every time you pass people, even if you are just driving past each other in a car, the auras mix. This means that you are part of the other person and the other person is part of you!

It's no longer about blaming the other person for something that has happened to you, it's about the one who can do it better resolving it. It's about reaching out to the little ones, the old, the weak! And by the weak, we perhaps also mean those who are asleep. Free yourselves. The truth will come to light. And the guards will one day be celebrated as heroes in the truest sense of the word. But remain free of arrogance or haughtiness. Stay in your heart, feel the love, the highest and most powerful vibration in the universe.

You are pure, immeasurable love in every cell of your body. This frequency lets you radiate on all levels. This frequency lets you manifest whatever you want to manifest.

You are so incredibly powerful!

And you are so incredibly loved!

Because you have agreed to reach out to others, to help others wake up, to give strength to the weak and courage to the discouraged.

You are the power in your world and you are the power that the darkness has to reckon with. And as long as you vibrate in love, you will put all darkness to flight.

Have courage, have faith, have confidence and live your inner beauty.

Be aware that you are never alone, that we are always at your side and that omnipotence itself will reach out to you if you ask for it.

You are infinitely loved!

We bless you in the light of Divine Omnipotence, now and always, and so be it!"

(Archangel Chamuel)